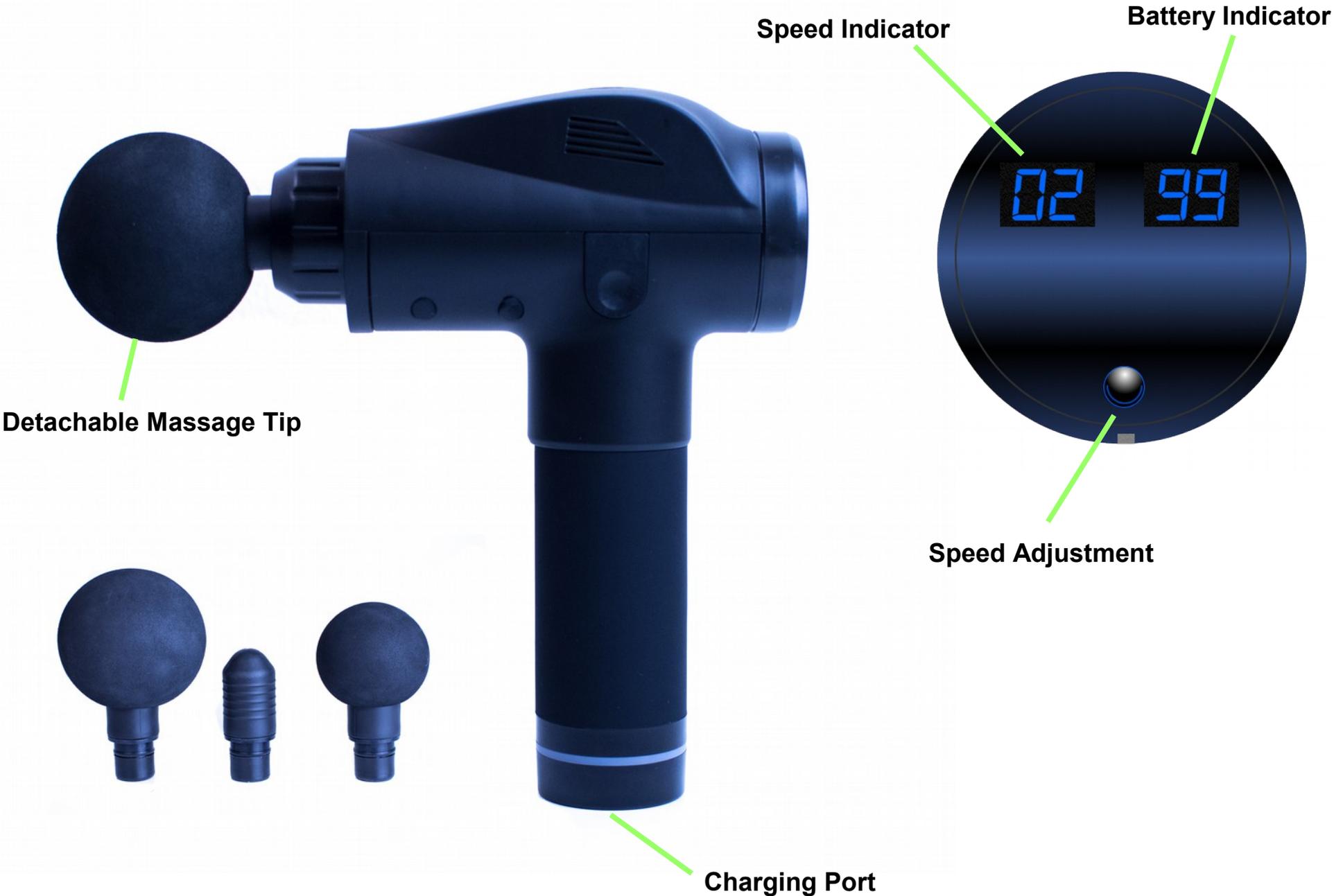


MUSCLE HAMMER CLASSIC

Quick Start Guide



PLEASE CHARGE DEVICE BEFORE FIRST USE and remove protective film over control panel.

DISCLAIMER

Please contact your doctor before using this device if you have any serious health conditions including: pregnancy, diabetes, seizures, recent surgery, migraines, herniated disks or spinal issues, spondylosis, joint replacements, or metal pins and plates in your body.

TURN ON/OFF THE DEVICE

- Turn on battery using switch on bottom of handle.
- LED light around bottom of handle will be lit when unit is on.

BATTERY INDICATOR

- Battery Indicator will range from 99 to 10, with 99 being fully charged and 10 being extremely low charge.
- Battery requires 5 hours charging time and will provide up to 3 hours of use.

CHANGING SPEED

- Press the SPEED ADJUSTMENT button to change speed.
- Device has 6 speed options from 1500 to 3400 beats/min. Digital display will show 01 - 06 to indicate the speed.

CHANGING MESSAGE TIPS

- Turn off device.
- Grab near base of massage tip and slowly twist and pull to remove. Not pulling from the base may break the tip.
- Press and twist new tip in firmly to create tight seal.

WARNINGS AND CAUTIONS

- Keep away from children. This is not a toy.
- Do not use on bones, head or genitals, and do not use for more than 30 minutes at a time.
- Only use charger provided to charge battery.
- Keep fingers away moving parts of device.
- Keep water, sand, and dirt from getting into the motor, and do not drop. These will void the warranty.
- If device malfunctions, do not open and try to fit it yourself. This will also void the warranty.
- Avoid applying excessive pressure with massager to muscles. **THIS CAN BREAK THE MASSAGER.** If you want a more aggressive massage, change to a more aggressive massage tip.